

PRESENTATION
Photography



Réserve
Ornithologique
du Teich




Bassin d'Arcachon

The Teich Bird Reserve

Wild birds at close quarters

Contents

A black woodpecker with a red crest is shown pecking at a hole in a tree trunk. The tree bark is light-colored and textured. The background is a soft-focus green, suggesting foliage.

A renowned birding site
Encounters like nowhere else
Specially-tailored visitor facilities
Practical information
Contact

A renowned birding site

The presence of so many different species of birds on the reserve's 100 hectare site makes it a **great place for bird photography**.

In the space of one day, it's quite feasible to get excellent photographs of the White-spotted Bluethroat, the Black-winged Stilt on its nest, the Black Kite, the Water Rail, the Nightingale and the Melodious Warbler!

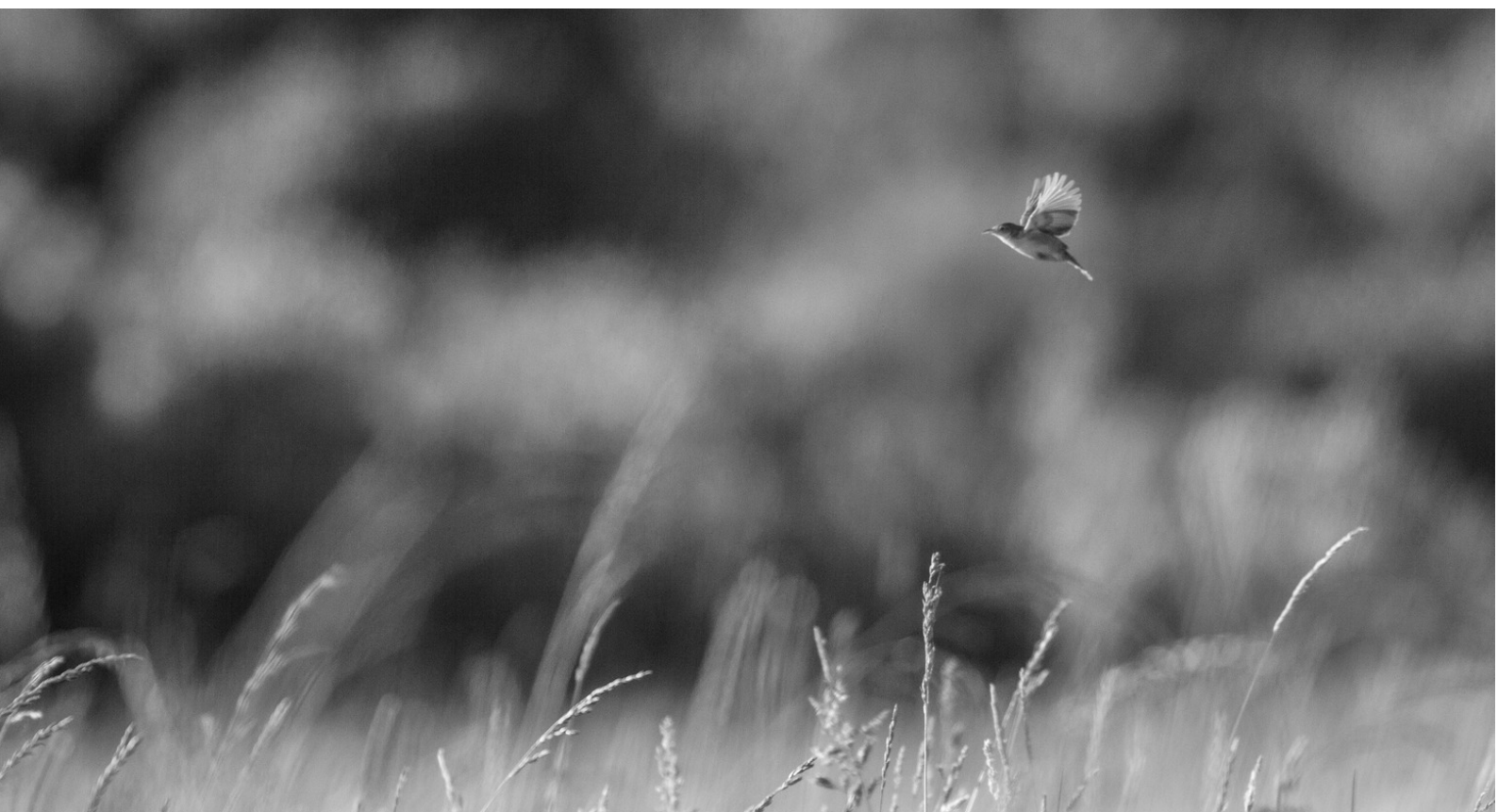
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The reserve is also famous for sightings of **rarities** from the Americas (Buff-Breasted Sandpiper, Pectoral Sandpiper) and Asia (Red-Necked Stint, Sociable Lapwing, Yellow-Browed Warbler).

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All the birds on the reserve are **completely wild** – their behaviour is identical to that of their peers living outside the reserve. They are not given extra food or maintained in a state of semi-captivity.

As the reserve is open to visitors 364 days a year, many birds have become accustomed to the presence of humans (as long as they are not too noisy). As a result, it's possible to get much closer to the birds here than is possible outside the boundaries of the reserve.



Encounters like nowhere else

The more birds there are...

The hides and four raised viewing stations along the visitor trail offer great opportunities to see birds close-up and personal. Certain more timid species (Spoonbill, Water Rail, Spotted Crake, White-spotted Bluethroat...) may be admired **without fear of scaring them off**.

...the closer you can get to them!

The sheer variety of species present on the 100 or so hectare reserve makes it an outstanding place for birdwatching. No fewer than **329 different bird species** have been recorded here over the last 45 years!

Above and beyond the number of different birds seen here, the reserve is also an important site for specific species. For example, le Teich is a site of **national importance** for the Curlew, the Common Redshank and the Little Stint (in other words, 1% of the total average national population may be found here on a regular basis). It's of **international importance** for the Eurasian Spoonbill, the Avocet and the Black-tailed Godwit (playing host to over 1% of the total world population).

Whether during spring or autumn migration or the winter-time, there are often **spectacular concentrations of birds** to be seen.



Specially-tailored visitor facilities

Teich Bird Reserve has become a favourite destination for many photographers, whether they're professionals, amateurs, beginners or experts. The site meets nature photographers' main practical criteria, enabling them to take highly-original and imaginative pictures and just enjoy themselves!



The hides **are tailored to photographers' needs:**

- viewing slits that are at least 21 cm wide (representing the diameter of a 400mm f/2.8 lens)
- arm rests
- fixed benches or moveable stools
- a range of viewing slit heights



Some hides have very low viewing slits which are designed to enable photographers **to avoid high-angle shots** when the birds are close at hand.



The wide variety of scenery in the reserve makes it possible to take photographs with a completely natural backdrop with no man-made features in sight.



Bird-lovers can also benefit from **special offers** and **extended opening times** thanks to three passes ("8 days", "3 day/long weekend" and "annual")



Practical information

Public opening

The Teich Bird Reserve is open **every day of the year** except for Christmas Day.
A special website has been set up to help people share photographs taken on the reserve.

Getting here

Teich SNCF railway station is a **15 minutes walk** from the reserve entrance. There are around 35 departures daily from the station. It's also possible to connect with **high-speed train services** at Arcachon, Factice-Biganos and Bordeaux.

The reserve is also linked to a **network of cycle paths**, making it easy to travel to the reserve safely by bike from all the towns of the Arcachon Basin area.

There are also **hiking trails** and a small beach near to the reserve.

Accommodation

A wide range of accommodation options are available in Le Teich. There are also plenty of shops and restaurants.

The Résidence **Les Rives Marines** hotel is ideally-located, just 400m from the entrance to the Bird Reserve.





For more information

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LA MAISON DE LA NATURE
DU BASSIN D'ARCACHON

